



QUEEN ANNE COUNTY
HEALTH DEPARTMENT
ALCOHOL & DRUG
ABUSE SERVICES

PEER SUPPORT SERVICES

We've been
down that
road. So, we
can help you
navigate. With
no judgment,
no labels.

www.DontLabelUs.org

What is Peer Support?

Management Peer Support is a non-clinical service that assists individuals and families to recover from mental illness, substance use and/or trauma. Peer Support uses ones lived experiences to provide guidance and support, to empower others to focus on their strengths, develop goals, and to remove barriers to living a fulfilling and meaningful self-directed life.

Peer support is not :


- Clinical Therapy
- Cheap Healthcare Sponsorship Law Enforcement Attorney/Lawyer
- Case Management

Reach out to us.
We can help.




One-on-One Peer Support.

Peer Recovery Specialists are individuals who have common life experiences with the people they are serving. In self-help and mutual support, Peer Recovery Specialists offer their experience, strength, and hope to others they are serving, which allows for personal growth, wellness promotion and recovery.

 206 N Commerce St.
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